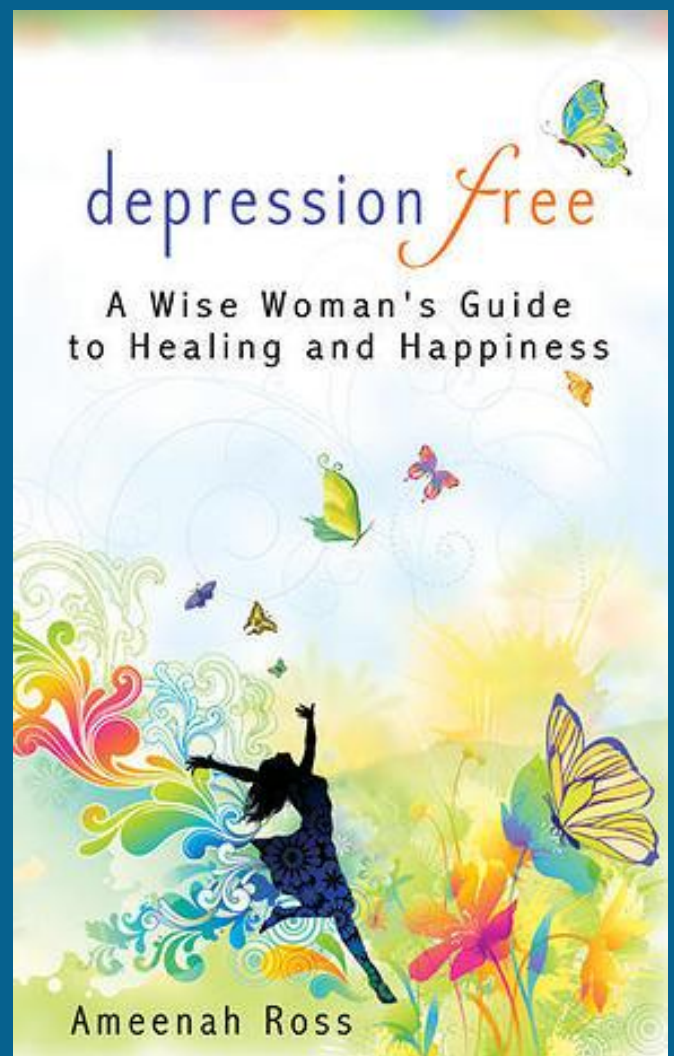


MEET THE AUTHOR



Ameenah Ross
Nurse, Author, Speaker

“Depression Free, A Wise Woman’s Guide to Healing and Happiness” is a compelling story about one woman’s bout with depression and the tools she used to overcome it. This book is full of helpful tips and resources which are sure to relate to people from all walks of life. Come join us this Saturday as Ameenah shares her story of tenacity and resiliency, you are sure to be inspired!



Hosted by:

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SATURDAY, AUGUST 24th, 2014
2:00p.m. – 4:00p.m.

12004 Cherry Hill Road, Silver Spring, MD 20904